

18th Annual Cabarrus County Sports Medicine Symposium

NorthEast Medical Center, Cabarrus Family Medicine Residency Program (CFMRP), and Cabarrus County Schools are sponsoring the 18th Annual Cabarrus County Sports Medicine Symposium. This program is designed to provide coaches, athletic trainers, physical therapists, physicians and other healthcare professionals with current information on prevention, assessment and management of selected topics/injuries in the field of sports medicine.

Participants will learn to identify and/or evaluate and manage critical issues relating to sports performance & ergogenic aids, gait analysis, sports nutrition & off season training, LS/SI dysfunctions, treatment of skiing injuries, eye injuries, radiology in sports, plyometrics, core training, and head/neck/spinal injuries in athletics. Individuals will have the opportunity to participate in hands-on workshops to employ skills discussed in the lecture sessions as well as other topics.

Symposium Leaders

Tom Sachtleben, MD, CAQSM
Associates in Family Medicine
Fort Collins, CO

Medical School: University of Nebraska
Medical Center

Residency: University of Florida - Gainesville
Sports Medicine Fellowship:
Moses Cone Health System

Kevin Burroughs, MD, CAQSM
Cabarrus Family Medicine
Concord, NC

Medical School: University North Carolina
- Chapel Hill

Residency: Moses Cone Health System
Sports Medicine Fellowship:
Moses Cone Health System

Cabarrus County School System is recognized by the BOC, Inc. to offer continuing education for certified athletic trainers.

Symposium Coordinators

**Scott Barringer,
M.Ed., ATC, CAA**
704-262-6185

**Kevin Burroughs,
MD, CAQSM**
704-721-2074

**Christopher Snyder, III,
MD**
704-721-2064

RENEWAL CREDIT AVAILABLE:

BOC Credit:

Provider #P766 6 hrs.

CME Credit: *This activity has been reviewed and is acceptable for up to 6 Prescribed credits by the American Academy of Family Physicians.*

REGISTRATION – Fee for attendance is **\$30-non refundable** and includes lunch and gift. Please **pre-register** by returning the enclosed reply card by **January 12, 2007**, or by calling ASK FIRST at **704-783-1275** or **1-800-575-1275 (option 2)**. **Visa, MasterCard and Discover accepted.** Additional charge for AED certification - \$20.00. (Limited space available.) Please identify if you have special needs, including meals.

Symposium Schedule:

January 20, 2007

7:30-8:20 a.m.

Registration / Continental Breakfast

8:20-8:30 a.m.

Opening Remarks

*Carol Lovin, NorthEast Medical Center;
Mark Robinson, MD, CFMRP, Cabarrus Family Medicine Residency Program;
Dr. Harold Winkler, Cabarrus County Schools*

8:30-9:15 a.m.

Sports Performance / Ergogenic Aids

*Tom Sachtleben, MD, CAQSM
Associates in Family Medicine
Fort Collins, CO*

9:15-10:00 a.m.

Gait Analysis & The Running Shoe

*Kevin Burroughs, MD, CAQSM
Cabarrus Family Medicine Residency Program
Concord, NC*

10:00-10:30 a.m.

Break / Visit Exhibitors

10:30-11:15 a.m.

Sports Nutrition & Off-Season Training

*Greg Bielec, DPT, ATC, CSCS
Lakeside Sports Medicine
Cornelius, NC*

11:15 a.m.-12:00 Noon

Lumbo-Sacral / SI Joint Dysfunction

*Joan Miller, PT
Dynamic Directions, Inc.
Lakeland, FL*

12:00-1:00 p.m.

Lunch

1:00-1:45 p.m.

Concurrent Session 1

A. Women's Issues in Soccer

Auditorium
Rebecca Bassett, MD, CAQSM

B. Casting / Splinting

Women's Center Rm. 1 & 2
*Ken Inch
3M (90 minutes)*

C. LS/SI Joint Dysfunction

Lab
Medical Arts Rooms 1, 2 & 3
Joan Miller, PT

D. Red Cross Certification CPR/AED for Professional Rescue Renewal

Women's Center Lobby
(Not available for CME credit)

1:50-2:35 p.m.

Concurrent Session 2

A. Skiing Injuries

Auditorium
Tom Sachtleben, MD, CAQSM

B. Casting / Splinting

Women's Center Rm. 1 & 2
(Continued Session from Above)

C. LS/SI Joint Dysfunction

Lab
Medical Arts Rooms 1, 2 & 3
Joan Miller, PT

D. Red Cross Certification CPR/AED for Professional Rescue Renewal

Women's Center Lobby
*(Continued Session)
(Not available for CME credit)*

2:35-2:55 p.m.

Break

2:55-3:40 p.m.

Concurrent Session 3

A. Eye Injuries & Sports Vision

Auditorium
Randall Thomas, MD

B. Plyometrics/Proprioception/ Core Training

Women's Center Rm. 1 & 2
Grady Hardeman, M.Ed., ATC, CSCS

C. Head/Neck/Spinal Injuries & Helmet/Shoulder Pad Removal

Medical Arts Rooms 1, 2 & 3
*Katherine Walker, MD, CAQSM
Scott Barringer, ATC
Saqib Hamid, MD
(90 minutes)*

3:45-4:30 p.m.

Concurrent Session 4

A. Radiology in Sports

Auditorium
Kevin Burroughs, MD, CAQSM

B. Plyometrics/Proprioception/ Core Training

Women's Center Rm. 1 & 2
Grady Hardeman, M.Ed., ATC, CSCS

C. Head/Neck/Spinal Injuries & Helmet/Shoulder Pad Removal

Medical Arts Rooms 1, 2 & 3
(Continued Session from Above)

4:30 p.m.

Wrap-Up/Door Prizes

APPLICATION FOR REGISTRATION

Name _____ Credentials: _____
Affiliation _____
Medical Specialty _____
Office Name & Address _____
City _____ State _____ Zip _____
CPR/AED for Professional Rescue Renewal (\$20.00 Additional)

Phone () _____

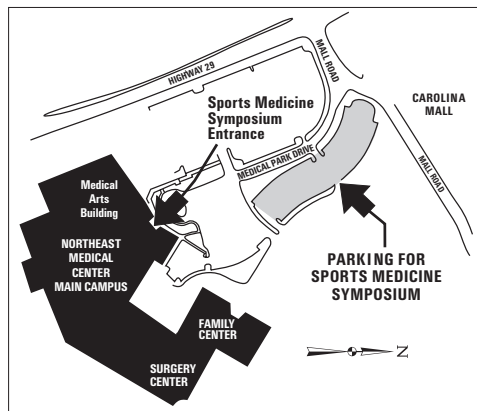
Mail registration card and payment to:

Cabarrus Family Medicine Residency Program
Attention Cheryl Triplett – 704-721-2064
270 Copperfield Blvd. – Suite 202
Concord, NC 28025

Or Call:
ASK FIRST
704-783-1275
800-575-1275

18th Annual
Cabarrus County
Sports Medicine
Symposium

The 18th Annual Cabarrus County Sports Medicine Symposium is sponsored by:



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NorthEast Medical Center is located off of Interstate 85. Take Exit 58, Concord exit, to Highway 29 South.

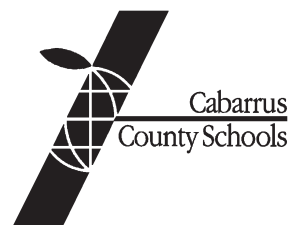
The medical center faces Highway 29. Enter the main entrance of the Medical Arts building for the Sports Medicine Symposium. Park in the Visitor Parking Deck.

For more information, call ASK FIRST, a free service of NorthEast Medical Center, at 704-783-1275 or 1-800-575-1275.



CABARRUS FAMILY MEDICINE
RESIDENCY PROGRAM
Affiliated with NorthEast Medical Center

NORTHEAST
MEDICAL CENTER
920 Church Street, North • Concord, NC 28025



NorthEast Medical Center, Cabarrus Family Medicine Residency Program and Cabarrus County Schools

present

The Eighteenth Annual Cabarrus County Sports Medicine Symposium

January 20, 2007 • 7:30 a.m. to 4:30 p.m.

